



# ***THE BLUE & WHITE***

## ***School News and Notes***

*Bainbridge-Guilford Central School District*  
*18 JULIAND STREET — BAINBRIDGE, NEW YORK 13733-1097*  
*607-967-6300*

**Volume 34, No. 1**

**October 2014**

### **Superintendent's Message**

I would like to begin this first address with a thank you to our students, staff and community for a great start. A new school year is a time to celebrate the possibilities of new beginnings while also taking time to reflect on what we can learn from our past.

Over the past three years, our District has made significant progress in addressing the hard issues of financial inequities in school funding across New York State. Three budget cycles ago, the District was in the midst of a 1.7 million dollar structural deficit. The commitment of the Board of Education, the District Budget Advisory Committee and our administrative team to address this structural deficit required envisioning a financially strong school district, offering more than just a basic education to our students and our community.

As an organization we are not in a position to return to business as usual; however, we are able to provide opportunities and access to new learning opportunities and experiences that three years ago would have seemed unlikely. The Common Core calls for students to be college- and career-ready. For many of us at Bainbridge-Guilford, college- and career-ready is about more than passing a multitude of tests. It is about providing real opportunities and experience for our young people to experience what a college class would be like or what working at a major corporation like Amphe-nol would entail. It is introducing our youngest students to the joys and excitement of math, science and technology through project based learning or providing opportunities to participate in student leadership summits sponsored by our student council.

Moving forward, we plan to make similar gains in the soft issues of connecting with our faculty and staff and in including our community more in what we do. Through team building sessions with all of our faculty and staff on conference days, to working with parents and community members to open up programs and resources to the greater school-community connectedness, we are now in a position where we can look outside our school walls to both provide and receive support from our communities.

While our current school culture is viewed by some as too corporate and business-like, I think most would agree that increased academic rigor and enhanced professional accountability are necessary in our schools as it is in many facets of public life. However, we are comfortable in acknowledging that these higher standards are only part of what we must do to provide our students with growth opportunities necessary to excel in our rapidly changing global society. That said, I acknowledge that we can always improve as we strive to create as many of these quality options for children as possible. I am always open to working with my district colleagues to explore ways we can continue to improve for the sake of the children that we serve; always keeping in mind that we have to balance the needs of our children and District with what taxpayers can afford.

One of the areas I intend to focus on in the next few years is improving our communication systems. It is important that our community and our staff have timely and accurate information as our programs and resources evolve. Please follow us on our new website at [www.bgcsd.org](http://www.bgcsd.org). I plan to provide an update at least every two weeks to the superintendent's page. The next entry will be an overview of the financial changes the District has experienced, and how we are in a very different place than three years ago.

Again, thank you all for a great start to the school year.  
—Donald Wheeler, Superintendent

**Please help us save lives**  
**Red Cross Blood Drive**  
Sponsored by B-G Senior National Honor Society  
**Tuesday, November 10**  
**B-G Jr.-Sr. School Gym**  
**8:00 a.m. – 2:00 p.m.**  
Call 967-6300 to make an appointment  
or email [kmertz@bgcsd.org](mailto:kmertz@bgcsd.org)

## BOE “Blog”

Yet another school year has begun and the Board of Education is very pleased to announce a few new things our District has to offer. As our motto states, B-G has a *tradition of excellence* and thanks to the great efforts and collaboration between our Board, administrators, teachers, support staff, parents, local businesses and community members we are happy to continue.

In the Jr.-Sr. High School one of the major additions is our Machinist training program in collaboration with DCMO BOCES and the Amphenol Corporation. As a BOCES course, the program is currently open to B-G and Oxford students this school year and is housed at B-G. The course has grown to simultaneously address a call from the state for more career readiness courses and a focus on application skills, while providing practical benefits for our local community. Through generous donations from Amphenol and the countless hours our faculty and staff spent planning, we are able to pilot the class this year with an expectation to have it fully up and running for the 2015-2016 school year. Students in this course will learn how to machine and manufacture various products made from an array of materials including wood and metal. At the end of the course, there will be an opportunity for students to participate in an internship at Amphenol. It is our hope that this new course will tie in nicely with our already successful Business and Marketing class, which would create an opportunity for students to design, build and market something from scratch.

Furthermore, we are excited to have added enough college and dual-credit courses to our schedule that we have students aiming to graduate with an Associates degree a month prior to their high school graduation. This has been a work in progress for several years and we were very pleased to receive an outline detailing how a student would go about achieving this goal. Presently we have eight current seniors striving to obtain the entire Associates degree and many more that will graduate with a great deal of college credits. We wish them luck as they pursue their goals and applaud their initiative in taking on such a rigorous program.

Greenlawn also has some exciting program changes. The highlight would likely be the creation of an elementary Computer/STEM (Science, Technology, Engineering, Math) course. The class, which will be offered with music and art, will focus on teaching the children everything from identifying the parts of a computer, to keyboarding, basic coding and programming, robotics and beyond. Since technology is such an enormous and important part of our world, we are very pleased to be exposing our students to it at a very young age. Additionally, with students in 2nd-6th grade learning these advanced skills, we are hopeful that our High School technology programs will be able to progress even further as these highly proficient students advance through the grades.

This year both Guilford and Greenlawn students will receive additional in-house counseling services, which was a primary community goal as we faced the fiscal challenges over the past three school years. Our Board fully recognizes the changing demographics in our community and a need for more counseling services. We now have a designated Social Worker at the Guilford school, servicing PK-1st grade students and families, and two guidance counselors at Greenlawn, providing services to 2nd-3rd and 4th-6th graders.

As you can see, we have a lot of exciting opportunities for our students this year and we would like nothing more than to continue to share with our community as these various programs develop further. One of our new Board goals is to provide more opportunities for the school and community to connect in meaningful and positive ways. That being said, the Board invites you to visit us by attending a Board meeting or joining us at the various activities that occur within our District. In order to have the strongest district possible, the Board has prioritized finding more ways to collaborate with our community, which will in turn help our children to learn and grow to the best of their abilities.

As all children have strengths, weaknesses and possess their own uniqueness, the same holds true for the adults that surround these children. We must continue to work together while respecting and embracing all that we have to offer one another. It is our belief that a strong, diverse and supportive community leads to a well-rounded, top-quality district, which we believe is a mutual goal of both the district and community.

### Adult Basic Education/ High School Equivalency

Are you interested in earning a high school equivalency diploma, or improving your reading, writing and math skills? There are free, educational services available through Afton Central School's Adult and Continuing Education program.

Afton Adult Education sponsors two classes per week in many area schools and libraries. You may join a class at any time. Classes are free and the work is individualized.

For those unable to attend a class, there is a program offered through the mail called GRASP (Give Ready Adults a Study Program). This program is designed for motivated people 21 years of age, or older who work well on their own, and possess good reading skills.

For more information about classes or GRASP, call June White, Director, at (607) 639-2811 or 1-800-792-2145.

## Students of the Month

Bainbridge-Guilford Jr.-Sr. High School is proud to announce our students of the month.

**MAY**



**7th Grade—Leah Gregory, 8th Grade—Amaya Carlin, 9th Grade—Nevada Heaney, 10th Grade—Daniel Wade, 11th Grade—George Laing, 12th Grade—Kayla Ocasio**

Students of the month receive a gift card from Rosa's Pizzeria for a slice of pizza or small fries and a small soda!

To be eligible for this honor, students must be passing all subjects, demonstrate consistent kindness to others, be actively involved in school or community activities, show pride in the school and community and be an upstanding student in all aspects. We would like to congratulate these students for their hard work and effort to be both good students and good citizens!

**Great Job!**



## Jr.-Sr. High School Attendance Procedure

**Attention Parents/Guardians of Jr.-Sr. High Schoolers:**

**Please Post this number: 967-6368**

- This number should be called *as early in the morning as possible on the day* your child will be absent or tardy. It should be called each and every day that your child will be absent or tardy. Policy states it is the parent/guardian responsibility to make the calls. There is an answering machine, so you may call at any time, day or night. If the parent/guardian does not call in for the student, an attempt will be made to contact the parent/guardian.
- Notes to be excused during the school day should be presented to the Attendance Officer in the High School Main Office when the student first enters the building in the morning. Notes not received first thing in the morning will be subject to verification. If you find you need to take your child for a last minute appointment, you should call the number listed above or fax a note and then personally come in to sign your child out for the appointment. It is very difficult to have your child ready for pick-up without knowing ahead of time.
- A student who will be going on an extended absence—whether it be excused or unexcused—should complete an Extended Absence Form available in the Main office from the Attendance Officer. Some examples would be: horse shows, family vacation, 4-H conference.
- The nurse will continue to assess ill students and call the parent/guardian if the student needs to go home. The parent/guardian will either come for the student or designate a person to pick up the student. Parents should discourage their children from calling to leave school without first seeing the nurse for assessment.

### Bobkitten Corner

#### PRE-K

Sing the ABC's and practice counting to 20 when riding in the car.

#### KINDERGARTEN

Find letters of the alphabet around your world.

#### FIRST GRADE

Have your child practice printing their first name. Remember, capital at the beginning and the rest of the letters are lowercase.

Have fun learning with your child!



## Welcome to B-G!

### **PAUL JENKINS— INSTRUMENTAL BAND TEACHER**

Hi! I grew up in the nearby town of Laurens. I then lived and taught in the Albany area before moving to Bainbridge this year. I have had a diverse musical life and there is nothing I love more than music. I currently play in a latin jazz ensemble, two different musical productions that play in NJ and NY, a professional marching band in Albany, and several wind ensembles. I am also an avid runner and I am enjoying the streets of Bainbridge and the trails around the town!

I completed my certification in Albany at The College of Saint Rose and I am currently finishing my masters degree at Ithaca College. I am replacing William Smith this year as the band teacher and I am looking forward to a fantastic year of band and jazz music. After the first five weeks are up, I will be looking to start a chamber jazz group during 11th period. Keep a weather eye open for that. Let's have a great year in the music department!



and staff here at Bainbridge-Guilford. I graduated high school from Maine-Endwell and went on to Monroe Community College, where I earned my associates degree. I then transferred to SUNY Cortland where I earned my bachelors degree in physical education. After college, I began substitute teaching in the Vestal School District until I received my position here at Bainbridge-Guilford. I have coached football, hockey and lacrosse at all different levels and look forward to teaching and coaching here in the District.

### **KELLY HROMADA- JOHNSON, LCSW-R —SCHOOL SOCIAL WORKER**

I was born and raised in Bainbridge and my husband and I have raised our two children here. I attended Mohawk Valley Community College where I obtained an A.A.S. in Human Services. I received a B.S. in Psychology at SUNY Oneonta and a masters in social work at Binghamton University. I am a Licensed Clinical Social worker and all of my 25 years of employment have been in the mental health field in one capacity or another. I am thrilled to be employed as a School Social Worker in the B-G School District.



### **APRIL GEIGER— SPECIAL EDUCATION TEACHER**

Hello! I am very excited to be back in New York after living in several places across the United States. I grew up in Sidney, but have not lived in the area for many years. I originally went to college at Rochester Institute of Technology to be an accountant, but after 18 years of accounting work, I decided that I wanted to make a difference in the lives of children. So I went back to college and received a masters degree in Special Education from Old Dominion University. I have eight years of special education teaching experience at a high school in Virginia. In my free time, I enjoy bicycling, reading and spending time with my family. I look forward to a wonderful year at B-G.



### **NICOLE MARSHALL— SCIENCE TEACHER (LONG-TERM SUB)**

Hello B-G community! My name is Nicole Marshall and I will be the long-term substitute for Ms. Shackelton this year. I am excited, after my recent years of studying to be a biology teacher at SUNY Oneonta, to finally be able to shape young minds in the classroom. I completed my student teaching placement in Deposit Jr.-Sr. High School and graduated from Windsor Central High School so I am happy to be staying in the area. In my spare time I like to adventure outside. I enjoy kayaking, hiking and am working towards climbing all 46 high peaks in the Adirondacks. I hope to bring my love for the outdoors into the science classroom. I am looking forward to a good year and would like to thank you for welcoming me into your community.



### **KEVIN HORES— PHYSICAL EDUCATION TEACHER**

I am very pleased to be returning to the District this year as a full time Physical Education teacher. I am honored to be given the opportunity to work with such great students



# Welcome to BG!

*Continued on next page*

**SCOTT HORNUNG—LTA  
(LONG-TERM SUB)**

I am happy to be returning to the Bainbridge-Guilford School District this school year in the capacity of long-term substitute LTA. I look forward to working with the wonderful staff and delightful student body over the next 10 months at the Bainbridge-Guilford High School. I am a graduate of the Sidney Central School District. I earned my bachelors degree from SUNY Oswego and masters degree from SUNY Oneonta. I have served in various capacities in the Bainbridge-Guilford School District since the 2011-2012 school year. Prior to working in the Bainbridge-Guilford School District, I spent three years teaching Economics and Participation in Government at Sidney High School. Chances are you have seen me running along Route 7, Route 8 and/or Route 39 at some point over the last few years as I am an avid runner, having participated in numerous marathons and half-marathons.



**TRACY KUTZ—  
TEACHER AIDE**

I graduated from Windsor High School, received my bachelors degree from SUNY Brockport with a major in mathematics and I received my masters degree from SUNY Cortland with a focus on secondary mathematics education. I taught math in the Sidney School District for four years where I also coached JV volleyball for three of those years. I have been a substitute in the B-G District for the past three years. This year I am the modified volleyball coach here at B-G. I love volleyball and photography. My significant other, Chris, and I live in Unadilla with our 13-month-old daughter, Madison. Our hope is to move into the Bainbridge-Guilford School District by the end of the year.



**STEPHANIE BROWN—  
TEACHER AIDE**

Hello, my name is Stephanie Brown. I am a new Teacher Aide at Greenlawn. I have worked in the District for the past year substituting for teacher aides and truly enjoy it. I graduated from B-G in 2002 and have a two-year degree in medical office. For the past several years I have provided daycare in my home. My hus-



band Jeffrey Brown is very supportive. I have four beautiful children who attend Guilford and Greenlawn. Boy do they keep me busy.

**JEFF VANCE—BUS DRIVER**

Jeff recently retired from ACCO after 26 years. He has been married to his wife Amy for 20 years. They have two girls, Lindsay and Stephanie, along with a Grandson Nash. Jeff enjoys horses, riding his Harleys, golf in the summer and skiing in the winter.

**BRIAN CHAMPLIN—BUS DRIVER**

Brian Champlin was born and raised in Sidney. He graduated from Sidney and began working at Amphenol. After 34 years he left there to drive school bus and operate a sharpening business at his home. Brian raised three children and has six grandchildren. He currently resides in Bainbridge with his wife Tracie.

**Booster Club News**

With school back in full swing, the B-G Booster Club has geared up with *new* merchandise and a *new* design for this year! You can see this new design on the Varsity t-shirts that were recently handed out to the Fall Varsity Athletes. Each year, the Booster Club provides every Varsity Athlete with a t-shirt to recognize their participation in a Varsity Sport.

Along with the new merchandise, we are also fully stocked with popular favorites like umbrellas and our fleece waterproof blankets. You can make purchases at home games or you can purchase merchandise online. Please visit [www.bgcsd.org](http://www.bgcsd.org)—click on the ATHLETICS tab then BOOSTER CLUB to order your B-G Bobcats apparel and other miscellaneous items. The proceeds from the sale of our merchandise, along with the proceeds from our bottle bins in Bainbridge and Guilford, are used to help support our teams and athletes in various ways such as helping to fund equipment purchases and to help fund participation at athletic camps and clinics.

The B-G Booster Club meets the 3rd Monday of every month. New members are always welcome and encouraged to attend. Meetings are held in the conference room just down the hall from the auditorium.

The B-G Booster Club and the student athletes appreciate your support!

**Come Support  
Your Team!**

## Winners at Conservation Competitions

Ten members of the DCMO BOCES Harrold Campus Conservation program competed in the 2014 New York State Conservation Competitions at Paul Smith's College in the Adirondack's. The Contest was split into morning and afternoon events. Morning events consisted of equipment contests and in the afternoon were the woodsmen's competitions. All of the students competed to the best of their abilities and several received top 10 awards.

The class finished with a total of seven top 10 finishers, three of which placed in the top three. Third place award winners were, Dakota Allen (Walton) in skid steer, Tom Frear (Walton) in bulldozer trenching, Tanner Goodrich and Justin McAdams (Walton) in team fire building. Other award recipient's included **Phil Ives** (B-G) 10th in bulldozer log and 7th in bow saw. Scott Vernooy (Hancock) 5th in bulldozer backfill and Dylan Walley (Walton) 8th in skid steer operation. The conservation instructors are extremely proud of these individuals for their hard work and accomplishments.



*Back row (l.-r.): Dylan Walley, Phil Ives, Dakota Allen, Dylan Peck, Brandon Homer, Tom Frear; front row: Scott Vernooy, Josh Anderson, Justin McAdams, Tanner Goodrich*



*2014 NYS Conservation Contest award Winners (L.-r.): Tom Frear (WA), Phil Ives (BG), Justin McAdams (WA), Dylan Walley (WA) Dakota Allen (WA), Tanner Goodrich (WA), Scott Vernooy (HA).*

## Jr.-Sr. High School Open House

**WEDNESDAY, OCTOBER 8**

Open House for the Bainbridge-Guilford Jr.-Sr. High School will be on Wednesday, October 8, from 6:30-8:00 p.m. Open house will begin in the Auditorium at 6:30 p.m. with a welcome from Mr. Zakrajsek, Principal, and an introduction of the faculty.

Eighth grade core (English, Math, Science, Social Studies and Reading) teachers will be available to meet parents starting at 7:15 p.m. following the conclusion of the Spaghetti Dinner.

All teachers are looking forward to meeting their students' parents and sharing information and expectations regarding their courses. Mr. Zakrajsek, Jr.-Sr. High School Principal, and our entire staff enthusiastically encourage all parents to attend Open House to learn about and support your children's education.

We are looking forward to seeing you!

## Guilford Open House

**THURSDAY, OCTOBER 9—6:00-7:30 PM**

The annual Guilford Open House will be held on Thursday, October 9. Open House will start at 6:00 p.m. and end at 7:30 p.m. Your child will be looking forward to showing you his or her classroom. At our Open House teachers will be asking you to sign up for a time for parent teacher conferences. You may sign up for an afternoon or evening appointment on either November 19 or December 3. Both of these days will be half days for Guilford children. Dismissal will be at 11:10 a.m.

We will also be sponsoring an informational night and book fair during Open House. Please make sure you stop in at the gym to visit our community informational tables and book fair. Our cafeteria will also provide samples of our school lunches for you to taste. We look forward to seeing you!

## Greenlawn Open House

**THURSDAY OCTOBER 23—6:00-7:00 PM**

The Greenlawn Staff and students would like to invite you to our annual Open House on Thursday, October 23, from 6:00-7:00 p.m. Come see our school and all of the great learning activities that have been happening since we started the new school year.

The PTO will be on hand with the Scholastic Book Fair and the B-G Booster Club will be selling B-G apparel. Several community organizations will have table displays and information.

## Teacher Contact Information

\* Dean's Office 967-6300 \* Main Office 967-6323 \*

The teachers at B-G Jr.-Sr. High School were canvassed regarding the best times to be contacted by parents. Listed here is a B-G time schedule and a listing of teacher availability. Please feel free to call to discuss problems, to get information or just chat.

Teacher	Period Preference	7:30-7:55	3:05-3:15	At Home
Anderson	6	X	X	967-7230
Bunting-Cliffe			X	967-2207
Cifone	6, 7, 8	X		
Cirigliano	2			
Degan	6		X	
Feltham	8, 9	X		
Filor	4, 6, 8, 10			
Frazier	8, 11		X	
Geiger	6, 7, 8	X	X	703-220-5032
Grigoli	1, 9, 10, 11		X	
Hardy	1, 7, 11		X	
Hores	7			
Hosier	2, 5		X	
Jenkins			X	518-706-6165
LaFever	3, 7		X	
Lamb	1, 3, 4, 11		X	
Lanfear	3	X	X	
Marshall	3, 4			242-8335
Mattingly	1, 4			
McCandless	2, 3	X	X	
McFee	1, 11		X	
Mertz	5, 6		X	
Northrup	4, 5, 6	X	X	437-4937
Rhodes	5, 7, 8	X		
Scherhauser	3, 10		X	
Scott-Treacy	1, 3	X	X	432-7262
Slack	4, 5, 6		X	
Waymire	3, 8		X	
Wehrli	3, 4, 7	X	X	967-4818

### JR.-SR. HIGH SCHOOL TIME SCHEDULE

Period	Time
1	7:55-8:35
2	8:38-9:15
3	9:18-9:56
4	9:59-10:36
5	10:39-11:17
6	11:20-11:50
7	11:53-12:30
8	12:33-1:11
9	1:41-1:51
10	1:54-2:32
11	2:35-3:05

### Tools for Schools

With the Price Chopper Tools for Schools program, you earn points to help your school get needed equipment *free*. This year, the point earning period will run from July 27, 2014 through March 28, 2015.

#### HOW IT WORKS

With Tools for Schools, you earn points on behalf of your favorite school every time you shop using your Price Chopper AdvantEdgeCard. The points are redeemed by the school for FREE equipment.

- Register your Price Chopper AdvantEdge Card and designate a school at the Guest Services desk at your local Price Chopper, at your school, or using our online form.
- The program begins on Sunday, July 27, 2014 and runs until Saturday, March 28, 2015.
- All purchases using your Price Chopper AdvantEdge Card will be automatically credited to your selected school.
- Every dollar spent at Price Chopper earns you one point. Purchase Price Chopper or Central Market Classics brands and receive double points!

Click on the Tools for Schools Logo which can be found on the District Home Page and the School Building Home pages at [www.bgcd.org](http://www.bgcd.org) for more information!

## Rotary Exchange Student Doug Lee in Belgium!

Doug Lee is completing his Senior year as a Rotary exchange student in Couillet, Belgium. He is enrolled in High School and playing soccer on a club team. He has met up with many other Exchange students and has been to the Royal Palace of Brussels and the Belgium Parliament with them. With his host family he has gone to the Atomium and other historic places and been to a large outdoor concert called Laundry day. Being immersed in the French culture there, he has had to brush up on his French and learn the exchange rate for the Euro. His mother, AnnMarie, has Skyped with him twice, once during the Varsity soccer game and he was able to talk to the team here at Bainbridge-Guilford, although it was 10:30 p.m. his time.

Doug is really enjoying his time abroad and wishes to express to anyone considering the Rotary Exchange program to *go for it*.

If you would like more information regarding the Rotary Exchange program you can contact Mike Wilcox through [wilcoxye7170@yahoo.com](mailto:wilcoxye7170@yahoo.com) or phone at 607/427-8520.

### DOUG'S FACEBOOK POST

**Doug Lee**

August 20 at 7:30 AM in Couillet, Belgium 🌐

Hey this one goes out to everyone who feels like there's something bigger out there, to all the freshmen, sophomores, juniors, seniors, everyone, it doesn't matter who you are! There is always something bigger out there! If there's something that you want to do, do it. Don't be afraid of failure or rejection, the greatest failure is the failure to try!

If you want to be on the Soccer team, try out for the Soccer team! If you want to be a part of the drama club, join the drama club! It doesn't matter what other people will say or think, forget them! It doesn't matter if you don't make it, you tried, if you still want to do it, practice!

I used to think I could never be an exchange student, that my family just couldn't do it. All that it took was one person simply pointing out the fact that I could try, and here I am, in Charleroi, Belgium, starting the greatest year of my life.

This is for the kids who believe they could never do it, for the ones too scared to even try, this is the moment you step up and own it, these are the times you'll feel alive!  
Do what YOU want!





# BAINBRIDGE-GUILFORD CENTRAL SCHOOL DISTRICT

18 JULIAND STREET — BAINBRIDGE, NEW YORK 13733-1097

Jr.-Sr. High School  
(607) 967-6300

Telefax (607) 967-4231

Guilford Elementary School  
(607) 895-6700

Administrative Offices  
(607) 967-6321

Business Offices  
(607) 967-6335

Greenlawn Elementary School  
(607) 967-6301

## Request for Pesticide Application Notice

October 2014

Dear Parent, Guardian, and School Staff,

New York State Education Law Section 409-H, effective July 1, 2001, requires all public and nonpublic elementary and secondary schools to provide written notification to all persons in parental relation, faculty, and staff regarding the potential use of pesticides periodically throughout the school year.

The Bainbridge-Guilford Central School District is required to maintain a list of persons in parental relation, faculty and staff who wish to receive 48-hour prior written notification of certain pesticide applications. The following pesticide applications are not subject to prior notification requirements:

- A school remains unoccupied for a continuous 72-hour following an application;
- Anti-microbial products;
- Nonvolatile rodenticides in tamper resistant bait stations in areas inaccessible to children;
- Silica gels and other nonvolatile ready-to-use pastes, foams, or gels in areas inaccessible to children;
- Boric acid and disodium octaborate tetrahydrate;
- The application of EPA designated biopesticides;
- The application of EPA designated exempt materials under 40CFR152.25; or
- The use of aerosol products with a directed spray in containers of 18 fluid ounces or less when used to protect individuals from an imminent threat from stinging and biting insects including venomous spiders, bees, wasps and hornets.

The Bainbridge-Guilford Central School will not allow the use of any pesticides that require notification unless an emergency exists. In the event of an emergency application necessary to protect against an imminent threat to human health, a good faith effort will be made to supply written notification to those on the 48-hour prior notification list.

If you would like to receive 48-hour prior notification of pesticide applications that are scheduled to occur in your school, please complete the form below and return it to the school. For further information on these requirements the school pesticide representative is Howard Thompson who may be reached at 967-6322 or at the District Office, 18 Juliand St., Bainbridge, NY 13733.

**Bainbridge-Guilford Central School District**  
**Request for Pesticide Application Notification**

School Building \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

*Please return to Howard Thompson, 18 Juliand St., Bainbridge, NY 13733*

# Everyday Preventive Actions That Can Help Fight Germs, Like Flu

CDC recommends a three-step approach to fighting the flu.

CDC recommends a three-step approach to fighting influenza (flu). The first and most important step is to get a flu vaccination each year. But if you get the flu, there are prescription antiviral drugs that can treat your illness. Early treatment is especially important for the elderly, the very young, people with certain chronic health conditions, and pregnant women. Finally, everyday preventive actions may slow the spread of germs that cause respiratory (nose, throat, and lungs) illnesses, like flu. This flyer contains information about everyday preventive actions.



## How does the flu spread?

Flu viruses are thought to spread mainly from person to person through droplets made when people with flu cough, sneeze, or talk. Flu viruses also may spread when people touch something with flu virus on it and then touch their mouth, eyes, or nose. Many other viruses spread these ways too.

People infected with flu may be able to infect others beginning 1 day **before** symptoms develop and up to 5-7 days **after** becoming sick. That means you may be able to spread the flu to someone else before you know you are sick as well as while you are sick. Young children, those who are severely ill, and those who have severely weakened immune systems may be able to infect others for longer than 5-7 days.

## What are everyday preventive actions?

- Try to avoid close contact with sick people.
- If you or your child gets sick with flu-like illness, CDC recommends that you (or your child) stay home for at least 24 hours after the fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- While sick, limit contact with others as much as possible to keep from infecting them.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs like the flu.
- If an outbreak of flu or another illness occurs, follow public health advice. This may include information about how to increase distance between people and other measures.



Centers for Disease Control and Prevention  
National Center for Immunization and Respiratory Diseases

**What additional steps can I take at work to help stop the spread of germs that can cause respiratory illness, like flu?**

- Find out about your employer's plans if an outbreak of flu or another illness occurs and whether flu vaccinations are offered on-site.
- Routinely clean frequently touched objects and surfaces, including doorknobs, keyboards, and phones, to help remove germs.
- Make sure your workplace has an adequate supply of tissues, soap, paper towels, alcohol-based hand rubs, and disposable wipes.
- Train others on how to do your job so they can cover for you in case you or a family member gets sick and you have to stay home.
- If you begin to feel sick while at work, go home as soon as possible.



**What additional preventive actions can I take to protect my child from germs that can cause respiratory illness, like flu?**

- Find out about plans your child's school, child care program, or college has if an outbreak of flu or another illness occurs and whether flu vaccinations are offered on-site.
- Make sure your child's school, child care program, or college routinely cleans frequently touched objects and surfaces, and that they have a good supply of tissues, soap, paper towels, alcohol-based hand rubs, and disposable wipes on-site.
- Ask how sick students and staff are separated from others and who will care for them until they can go home.



**Everyday preventive actions can help slow the spread of germs that can cause many different illnesses and may offer some protection against the flu.**

For more information, visit [www.cdc.gov](http://www.cdc.gov), or call 1-800-CDC-INFO.

05/21/2013

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### Substitute Personnel Needed!

The Bainbridge-Guilford CSD is seeking applicants for Substitute Teachers, Teacher Aides, Food Service and Transportation personnel. Applications are available on the B-G website, [www.bgcsd.org](http://www.bgcsd.org), on the Employment page. Submit completed applications to the District Business Office, BGCSD, 18 Juliand Street, Bainbridge, NY 13733.



### Annual 8th Grade Spaghetti Dinner Wednesday, October 8

*No time for dinner on Open  
House Night? No Problem!*

The 8th grade class will be hosting a spaghetti dinner featuring gourmet sauce. Dinner will be served from 5:00-7:00 p.m. If you would like to purchase advance tickets, see any 8th grade student. The cost is \$7 per person and \$3 for 6 and under.

### Fundraisers 2014-15

#### September 29-October 14

Grade 7 ..... Magazine/cookie dough

#### October 3-17

Grade 12..... Cheesecake

#### October 17-31

Grade 11 ..... Cherrydale

#### October 31-November 17

PTO..... Yankee Candles

#### November 3-16

Varsity Softball/Soccer ... Spirit Sale

#### November 16-27

Grade 8 ..... Enjoy the City Coupon Book

#### January 5-23

Grade 12..... Cookie Dough

#### February 2-20

Grade 12..... Galaxy Bowl Pizza

#### February 20-March 6

Grade 9 ..... Gertrude Hawk Candy

#### March 2-13

Jr. Honor Society ..... Gertrude Hawk Candy Bars