

Jr/Sr High Breakfast Menu



June 2019

In Season Watermelon

Watermelons are 92 percent water, but these refreshing fruits are filled with nutrients.

They have vitamins A, B6, and C, lots of lycopene, antioxidants and amino acids.

Monday

Assorted Oatmeal **3**
Or Smoothie
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

10
Assorted Oatmeal
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

17
Assorted Oatmeal
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

No **24**
School Regents

Tuesday

French Toast Sticks **4**
Or Smoothie
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

Mini Cinnamon **11**
Cream Cheese Bagels
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

No **18**
School Regents

No **25**
School Regents

Wednesday

Cinnamon Toast **5**
Crunch Pastry
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

Mini Waffles **12**
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

No **19**
School Regents

TEXT 'FOOD'
TO 877-877
TO FIND FREE SUMMER MEALS NEAR YOU

Thursday

Mini Pancakes **6**
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

Breakfast Rounds **13**
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

No **20**
School Regents

27

Friday

Assorted Breakfast **7**
Sandwiches
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

Assorted Breakfast **14**
Sandwiches
100% Juice
Fresh /Canned Fruit
Low Fat/Fat Free Milk

No **21**
School Regents

28

Announcements

Available Daily:

Canned Fruit, Fresh Fruit, Fresh Veggie,
Hot Veggie of the Day
May Choose up to two (2)

Bainbridge Guilford

Summer Feeding

July 1st thru Aug. 9th (closed 4th)

Presbyterian Church

3 Church Street Bainbridge

Bfk-8:00-9:30 Lunch-11:00-1:00pm

And

Klee House Main St Guilford NY

Bfk- 8:00-9:00 Lunch 10:30-12:00

Meal Prices

Breakfast and Lunch will be served at NO COST to Pre-K – 6th grade students for the 18/19 school year!

7th-12th Lunch will be \$2.00

Menu subject to change without notice.

This institution is an equal opportunity provider.