

Guilford Elementary Lunch Menu



May 2019

In Season Cherries

Cherries are known to contain certain chemicals that are very effective in relieving pain better than medicines like aspirin and ibuprofen.

Cherries are best paired with things like chives, dairy products, and meats.

Monday

Tuesday

Wednesday

Thursday

Friday

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Turkey, Bacon & Cheese Melt **1**
Crispy Tator Tots
Green Beans
Ham Sandwich

Chicken Parmesan Or Chicken Patty on Bun **2**
Crinkly Sweet Potato Fries
Turkey Sandwich

Assorted Classic Pizza **3**
Romaine & Spinach Salad
Assorted Sandwiches

French Toast Sticks **6**
Scrambled Eggs
Orange Glazed Carrots
Bologna Sandwich

NY Hamburger or Cheeseburger on a bun **7**
Baked Beans
Egg Salad Sandwich

Crunchy Chicken Tenders **8**
Seasoned Rice
Carrot Coins
Turkey & Cheese Sand

Field Trip 9
Bagged lunch
(Ham or PB & Jelly Sandwiches, Chips, carrots, fruit and Milk)

Assorted Classic Pizza **10**
Romaine & Spinach Salad
Assorted Sandwiches

Toasty Grilled Cheese Sandwich **13**
Campbell's Tomato Soup
Bologna Sandwich

Nachos w/ Meat & Cheese **14**
Golden Corn
Egg Salad Sandwich

Hot Dog or Cheesy Dog on Bun **15**
Home-style Baked Beans
Crispy Tator Tots
Ham Sandwich

Breaded Chicken Drumstick **16**
Potato Salad
Green Beans
Turkey & Cheese Sand

Assorted Classic Pizza **17**
Romaine & Spinach Salad
Assorted Sandwiches

Baked Ziti **20**
Cheesy Breadstick
Roasted Broccoli
Bologna Sandwich

Soft Shell Tacos **21**
Rice
Golden Corn
Egg Salad Sandwich

Chicken Speidi Sub **22**
Macaroni Salad
Green Beans
Ham Sandwich

Pulled BBQ Pork On Roll **23**
Coleslaw
French Fries
Turkey & Cheese Sand

Assorted Classic Pizza **24**
Romaine & Spinach Salad
Assorted Sandwiches



Macaroni & Cheese **28**
Roasted Carrots
WG Roll
Egg Salad Sandwich

Popcorn Chicken, Mashed Potatoes, and Gravy **29**
Whole Grain Roll
Chick Pea Salad
Ham Sandwich

Rotini w/ Meat Sauce **30**
WG Roll
Cut Green Beans
Turkey & Cheese Sand

Assorted Classic Pizza **31**
Romaine & Spinach Salad
Assorted Sandwiches

Announcements

Available Daily:

Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day
May Choose up to two (2)

NY Milk Choices:

1% White, Skim White
Skim Chocolate, Skim Strawberry (when available)
PB&J
NY Yogurt Parfait
NY Yogurt Plate

Meal Prices

Breakfast and Lunch will be served at NO COST to Pre-K – 6th grade students for the 18/19 school year!

7th-12th Lunch will be \$2.00

Menu subject to change without notice.

This institution is an equal opportunity provider.