



Greenlawn Elementary Lunch Menu

January 2019

In Season Oranges

Oranges are a great source of Vitamin C and Dietary Fiber

In addition, oranges are a good source of B vitamins including Vitamin B1, Pantothenic acid, and Folate as well as Vitamin A, Calcium, Copper, and Potassium



Monday

Tuesday

Wednesday

Thursday

Friday

Blank box

1
Happy New Year

2
Soft Shell Taco
With Meat & Cheese
Refried Beans
Golden Corn
Egg salad Sandwich

NY Thursday: 3
NY Bacon
Cheeseburger on a bun
French Fries
Peas
Turkey & Cheese Sand

4
Italian Pepperoni
Roll w/Marinara Sauce
Romaine and Spinach
Salad with Tomatoes,
Fresh Cucumbers

7
Macaroni & Cheese
Whole Grain Roll
Seasoned Carrot
Tuna Sandwich

8
Italian Meatball Sub
Green Bean
Buttered Garlic
Noodles
Ham Sandwich

9
Popcorn Chicken
Mashed Potatoes
Gravy & WG Roll
Corn
Egg salad Sandwich

10
Rotini w/ Homemade
Meat Sauce
Garlic Bread Stick
Broccoli
Turkey & Cheese Sand

11
French Bread
Pizzas
Romaine and Spinach
Salad with Tomatoes
and Fresh Cucumbers

14
French Toast Sticks
Cheesy Eggs
Orange Glazed Carrot
Warmed Applesauce
w/Cinnamon
Tuna Sandwich

15
Orange Chicken
Over Rice
Oriental Veggies
Ham Sandwich

16
Turkey, Bacon
Cheese Melt on Bagel
Crispy Tator Tots
Green Beans
Egg salad Sandwich

17
Chicken Cordon Blue
Crispy Chicken on
WG Roll, Sweet Potato
Fries
NY Milk, NY Apples
Turkey & Cheese Sand

18
Assorted Classic
Pizzas
Romaine and Spinach
Salad with Tomatoes
and Fresh Cucumbers

No School
MLK DAY
I HAVE A DREAM
21

22
Crispy Chicken
Tenders WG Roll
Cheesy Rice
Seasoned Carrots
Ham Sandwich

23
Loaded Nachos
With Meat & Cheese
Salsa, Refried Beans,
and Corn
Egg salad Sandwich

NY Thursday:
NY Hamburger or
Cheeseburger on
Roll, Seasoned Potato
Wedges,
NY Milk, NY Apples
Turkey & Cheese Sand

25
Italian Pepperoni
Roll w/Marinara Sauce
Romaine and Spinach
Salad with Tomatoes,
Fresh Cucumbers

28
Toasty Grilled
Cheese Sandwich
Tomato Soup
Cut Green Beans
Tuna Sandwich

29
BBQ Pulled Pork
On a Bun
Tator Tots &
Coleslaw
Ham Sandwich

30
Hot Dog or Cheesy
Dog on Bun
Baked Beans
Egg salad Sandwich

31
BBQ Chicken Pieces
Seasoned Rice
Roasted Broccoli
WG Roll
Turkey & Cheese Sand

Blank box

Announcements

Available Daily:

Canned Fruit, Fresh Fruit, Fresh
Veggie, Hot Veggie of the Day
May Choose up to two (2)

NY Milk Choices:

1% White, Skim White
Skim Chocolate

Daily Choices:

PB&J
Chef/Grilled Chicken Salad
NY Yogurt Parfait
NY Yogurt Plate

Meal Prices

**Breakfast and Lunch will
be served at NO COST to
students for the 18/19
school year!**

“USDA is an equal opportunity
provider and employer”

Menu subject to change without
notice.