

Greenlawn Elementary Lunch Menu

Health • e
LIVING



February 2019

In Season Broccoli

Broccoli shares cancer fighting, immune boosting properties.

Broccoli contains high levels of both calcium and vitamin k, both of which are important for bone health and prevention of osteoporosis

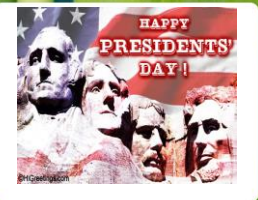


Monday



Cheese Ravioli **4**
Cheesy Breadstick
Roasted Broccoli
Tuna Salad Sand.

11
Macaroni & Cheese
WG Roll
Carrots
Tuna Salad Sand



French Toast Sticks **25**
Orange Roasted Carrots
Scrambled eggs
Tuna Salad Sand

Tuesday



Soft Shell Taco **5**
Refried Beans
Rice & Corn
Ham & Cheese

BBQ Chicken Sub **12**
Side of Pasta
Roasted Broccoli
Ham & Cheese Sandwich

No School **19**
Presidents' Day
Recess

Nachos w/meat & Cheese **26**
Refried Beans
Corn
Ham & Cheese Sandwich

Wednesday



Chicken Patty on a Bun **6**
Macaroni Salad
Carrot Coins
Egg Salad Sandwich

Popcorn Chicken **13**
Mashed potatoes and Gravy & Corn
WG Roll
Egg Salad Sandwich

20
Read a book!


BBQ Pulled Pork **27**
Cheesy Rice
Green Beans
Egg Salad Sandwich

Thursday



Hamburger/ Cheeseburger w/ bun **7**
Seasoned Potato Wedges
Turkey & Cheese Sandwich

Rotini w/ Meat Sauce **14**
WG Roll
Green Beans
Turkey & Cheese Sandwich

Go for a walk **21**


1/2 Day Elementary **28**
Chicken Tenders
On WG Roll
Potato Wedges
Turkey & Cheese Sandwich

Friday

Assorted Pizzas **1**
Romaine & Spinach Salad
Assorted Sandwiches

Assorted Pizzas **8**
Romaine & Spinach Salad
Assorted Sandwiches

15
Assorted Pizzas
Romaine & Spinach Salad
Assorted Sandwiches

22




Announcements

Available Daily:

Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day
May Choose up to two (2)

NY Milk Choices:

1% White, Skim White
Skim Chocolate

Daily Choices:

PB&J
Chef/Grilled Chicken Salad
NY Yogurt Parfait
NY Yogurt Plate

Meal Prices

Breakfast and Lunch will be served at **NO COST** to Grades Pre-K thru 6th For the 18/19 school year!

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