

## Health Requirements for September 2023

Below is a list of required health items that your child will need depending on what grade they are entering in September. They should have physicals and vaccines **completed by the first day of school**. Please send in all necessary documentation to the elementary school as soon as possible via: fax, email-scan, mail-in or hand delivered.

Grade Level	Requirements
<b>UPK</b>	<ul style="list-style-type: none"> <li>• Physical Exam no older than Sept. 6, 2022. Needs to be on required NYS School Health Examination Form</li> <li>• Student Health History form</li> <li>• Hearing Screening: performed at school if not documented on their physical exam</li> <li>• Vision Screening: performed at school if not documented on their physical exam</li> <li>• Color Perception: performed at school if not documented on their physical exam</li> <li>• Be sure immunizations are up to date. See chart</li> </ul>
<b>K</b>	<ul style="list-style-type: none"> <li>* Physical Exam if new to district, no older than Sept. 6, 2022. Needs to be on required NYS School Health Examination form</li> <li>* Student Health History form, if new to district</li> <li>• Hearing Screening: performed at school if new to district and not documented on their physical exam.</li> <li>• Vision Screening: performed at school if new to district and not documented on their physical exam</li> <li>• Color Perception: If new to district and not documented on physical exam</li> <li>• Be sure immunizations are up to date. See chart</li> </ul>
<b>1</b>	<ul style="list-style-type: none"> <li>• Physical Exam no older than Sept. 6, 2022. Needs to be on required NYS School Health Examination Form</li> <li>• Hearing Screening: performed at school if not documented on their physical exam</li> <li>• Vision Screening: performed at school if not documented on their physical exam</li> </ul>
<b>2</b>	No requirements but an annual physical exam is recommended.
<b>3</b>	<ul style="list-style-type: none"> <li>• Physical Exam no older than Sept. 6, 2022, Needs to be on required NYS School Health Examination Form</li> <li>• Hearing Screening: performed at school if not documented on their physical exam.</li> <li>• Vision Screening: performed at school if not documented on their physical exam</li> </ul>
<b>4</b>	No requirements but an annual physical exam is recommended.
<b>5</b>	<ul style="list-style-type: none"> <li>• Physical Exam no older than Sept. 6, 202, Needs to be on required NYS School Health Examination Form</li> <li>• Hearing Screening: performed</li> <li>• Hearing Screening: performed at school if not documented on their physical exam.</li> <li>• Vision Screening: performed at school if not documented on their physical exam.</li> <li>• Scoliosis Screening: <b>Girls only</b>, performed at school (exposing their upper body only, while wearing a bra/bikini top only) if not documented on their physical exam.</li> </ul>
<b>6</b>	<ul style="list-style-type: none"> <li>• Vaccine: Tetanus, Diphtheria toxoid-containing and Pertussis booster (Tdap) by the age of 11.</li> </ul>

7	<ul style="list-style-type: none"> <li>• Vaccine: Meningococcal – 1<sup>st</sup> dose</li> <li>• <b>Sports Physicals will be available on Wednesday, August 16<sup>th</sup> 8am-12:00pm.</b> Please call the Jr/Sr Main office to schedule appt @ 607-967-6323.</li> <li>• Pre-Season Health Update: It can only be completed within 30 days of the start of <b>each</b> applicable season your child will be participating in. (Fall / Winter / Spring. Student Health History (sheet available on the BG website; see departments-&gt;Health Services Tab for form)</li> <li>• Physical Exam no older than Sept. 6,2022. Needs to be on required NYS School Health Examination Form</li> <li>• Hearing Screening: performed at school if not documented on their physical exam.</li> <li>• Vision Screening: performed at school if not documented on their physical exam.</li> <li>• Scoliosis Screening: <b>Girls only</b>, performed at school (exposing their upper body only, while wearing a bra/bikini top only) if not documented on their physical exam.</li> </ul>
<p align="center"><b>New or Returning Transfer Students</b></p>	<ul style="list-style-type: none"> <li>• Documents: Immunization Record with all vaccines per New York State requirements (see back), Birth Certificate, Health History form, physical exam (from a New York state medical provider)</li> <li>• Screenings: Hearing, Vision, and Color Perception- if not already documented on their physical exam.</li> </ul>

Item	Requirements
<b>Medication</b>	<p>For any daily or as needed medications, they must have:</p> <ul style="list-style-type: none"> <li>• Medical Provider order, including designation if they are independent.</li> <li>• Consent in writing from parent/guardian: allowing nursing staff to give medicine, for other staff to assist or that your child is independent to carry and administer their own medicine.</li> <li>• Medication: in the original, labeled container. Please provide an extra bottle for field trips.</li> <li>• Medications need to be delivered in person by parent/guardian (Do not send on bus or with child)</li> </ul>
<b>Emergency Medications</b>	<p>Such as: inhalers, Epinephrine auto-injectors, Glucagon injections and Anti-seizure medication.</p> <ul style="list-style-type: none"> <li>• If your child has a life-threatening condition, please make sure we have the above medication requirements so we can assist your child in case of an emergency.</li> <li>• Emergency medications, in general, are the <b>only</b> medications that a student should be given authorization to carry with them during the school day because delay of administration can put them at further risk for danger.</li> </ul>

\*\* All forms are available on [www.bgcscd.org](http://www.bgcscd.org) → Department → Health Services

**2023-2024 School Year  
New York State Requirements for School Entrance/Attendance**

Vaccines	Pre-Kindergarten (Day Care, Head Start, Nursery or Pre-K)	Kindergarten and Grades 1, 2, 3, 4 and 5	Grades 6, 7, 8, 9, 10 and 11	Grade 12
Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td) <sup>2</sup>	4 doses	5 doses or 4 doses if the 4th dose was received at 4 years or older or 3 doses if 7 years or older and the series was started at 1 year or older	3 doses	
Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine adolescent booster (Tdap) <sup>3</sup>	Not applicable		1 dose	
Polio vaccine (IPV/OPV) <sup>4</sup>	3 doses	4 doses or 3 doses if the 3rd dose was received at 4 years or older		
Measles, Mumps and Rubella vaccine (MMR) <sup>5</sup>	1 dose	2 doses		
Hepatitis B vaccine <sup>6</sup>	3 doses	3 doses or 2 doses of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years		
Varicella (Chickenpox) vaccine <sup>7</sup>	1 dose	2 doses		
Meningococcal conjugate vaccine (MenACWY) <sup>8</sup>	Not applicable		Grades 7, 8, 9, 10 and 11: 1 dose	2 doses or 1 dose if the dose was received at 16 years or older
Haemophilus influenzae type b conjugate vaccine (Hib) <sup>9</sup>	1 to 4 doses	Not applicable		
Pneumococcal Conjugate vaccine (PCV) <sup>10</sup>	1 to 4 doses	Not applicable		

This summer, don't forget some important things to stay safe and healthy:

- Sunscreen: reapply often!
- Bug spray: check for ticks after playing outside.
- Water: Stay hydrated in the hot summer sun! Sports drinks and juices are loaded with sugar and unnecessary dyes, water is the best choice.
- Helmets: Please be sure your child is wearing a helmet while riding on bikes, four wheelers, skateboards, go karts, scooters, dirt bikes, etc.
- Water protection: Life vests should be worn around any body of water, even if staying on a boat or dock. Make sure you follow the directions, warning labels, and weight limits before applying the device.
- Eye protection: protect young eyes from sun damage with sunglasses!

Sincerely,

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